

Road Route

Out to Nets Cafe

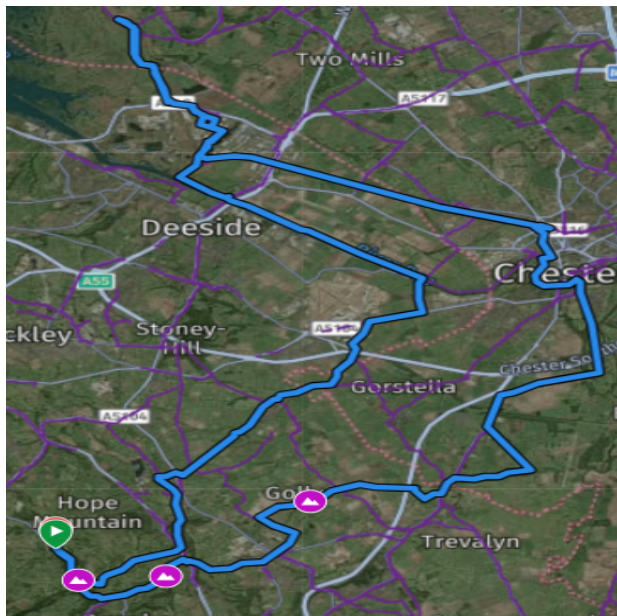
Route Guide

Difficulty: Easy to Moderate

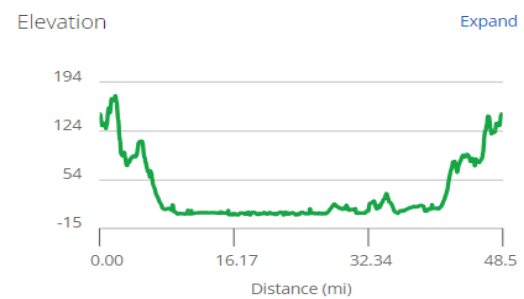
Distance: 48.38 miles

Elevation: 463 meters (1518 ft)

GPS download: [Garmin](#)



48.38 mi	463 m	462 m
Distance	Total Ascent	Total Descent
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Avg Speed	Goal Time	





Out To Nets Cafe

This is a lovely route that takes us out to Nets Cafe, a well known Cafe amongst cyclists. We have 1518ft of climbing spread over 48 miles. The majority of the climbing is on our approach back to the village. Those that have been on a few of our rides will know there is always a climb back to the pub, but there's always tea/coffee and those lovely flapjacks waiting for us.

The Route

1. Starting at the Cross Keys, Llanfynydd, we head out of the village towards Ffrith and turn for the Cymau. This is a short climb into the Cymau and we head all the way down to Abermorddu. From here we go through the traffic lights and make our way to Hope, once through hope we take the turn for Stryt Isa (just past the co-op). We'll head to Pigeon house lane and cross over Wrexham Road and make our way to Kinnerton Road. We stay on here all the way to Higher and Lower Kinngerton.
2. We take the turn on the left for Brick Road and follow this to Bretton Lane. At the end of the road, care needs to be taken to cross over onto the cycle path opposite. We stay on the cycle path then turn left onto Saltney Ferry Road. We stay on the road and turn right to go over the Saltney Footbridge. Again, care needs to be taken as the turn is on a corner.

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3. Once over the bridge we turn left and stay on the cyclepath all the way to the traffic lights at the blue bridge. We cross the road and join the cyclepath again all the way to Hawarden Bridge. We turn right and join the 568 cycle route which takes through Deeside Industrial estate and over to Burton Marsh. We stay on this path which takes us through the marsh and all the way to Nets Cafe.
 4. After some coffee and cake we follow the same route back through the industrial estate. We do however change direction slightly and join route 5 that takes us into Chester. Along this route there are a few Route 5 way points, don't go too fast or you'll miss them. There's one with a dragon on as well. We stay on the Greenway route for about 3 miles, at this point there is a sharp turn right that takes us down onto the canal (please slow down to turn and make sure no other cyclists are behind when you turn. The cycle path here is narrow so we will need to be in single file and slow down for pedestrians.
 5. We are on the canal for a short distance until we come to a bridge near Telfords Warehouse. We will need to hop off our bikes and cross over the bridge. We join the path again and go under the bridge and back on ourselves to go down Tower Road. At the end of this road we need to cross over to join the cyclepath that takes us around the racecourse and through Roodee Car Park. We will only be on this path for a short time as we will come off the cyclepath and head towards the traffic light and turn right to Handbridge then turn left for Eccleston, once in Eccleston we turn for Rake Lane and stay there all the way to Wrexham Road. We are on Wrexham Road until we reach the turning for the Straight Mile, we stay on the straight mile until we turn right onto Old Lane.
 6. At the end of Old Lane, we jump back onto the Wrexham Road and pass the Grosvenor Hotel and vets surgery on the right. After the vets surgery we turn right onto Burton Green Lane then right again onto Cobblers Lane. We stay on Cobblers Lane all the way up to Dark Lane. We turn left and stay on Dark Lane then turn right onto Chapel Lane until the traffic lights.
 7. At the traffic lights we turn right towards Llay, at the roundabout we take the third exit and stay on this road until we get to the traffic lights at the Hollybush. Turn right at the lights and then take the first left just after the bridge for Ffrwd Road and stay on here until we come to the turning for Ffrith on the right. This is one of the climbs back to the pub. Take it and all the other climbs at your own pace.
 8. Once we take the turning for Ffrith it's then one road through the village and back to the pub in Llanfynydd, which is where we will end the ride with a cool drink or a coffee and have some of those tasty flapjacks.



Please Note:

By joining onto this ride you agree that: you will act responsibly and adhere to the rules of the road and countryside; you acknowledge that it is your responsibility to ensure that any manoeuvre that you make is carried out safely; you confirm that you are fit and healthy enough to participate in the ride; you confirm that your bike is in a safe, legal and roadworthy condition (see GCN's 6 Checks Before You Ride); you understand that the Cross Keys cannot be held responsible for any personal injury, accident, loss, damage or public liability during the ride.

You are responsible for your own safety. On the day we suggest that you should bring clothing appropriate for the weather, a spare inner tube, a pump and tyre levers some food and drink to keep you going, money for emergencies (and possibly coffee/cake) a mobile phone and that you should carry details of your address and an emergency telephone contact number, just in case. Helmets are mandatory. If it is a sunny day don't forget your sunscreen. .